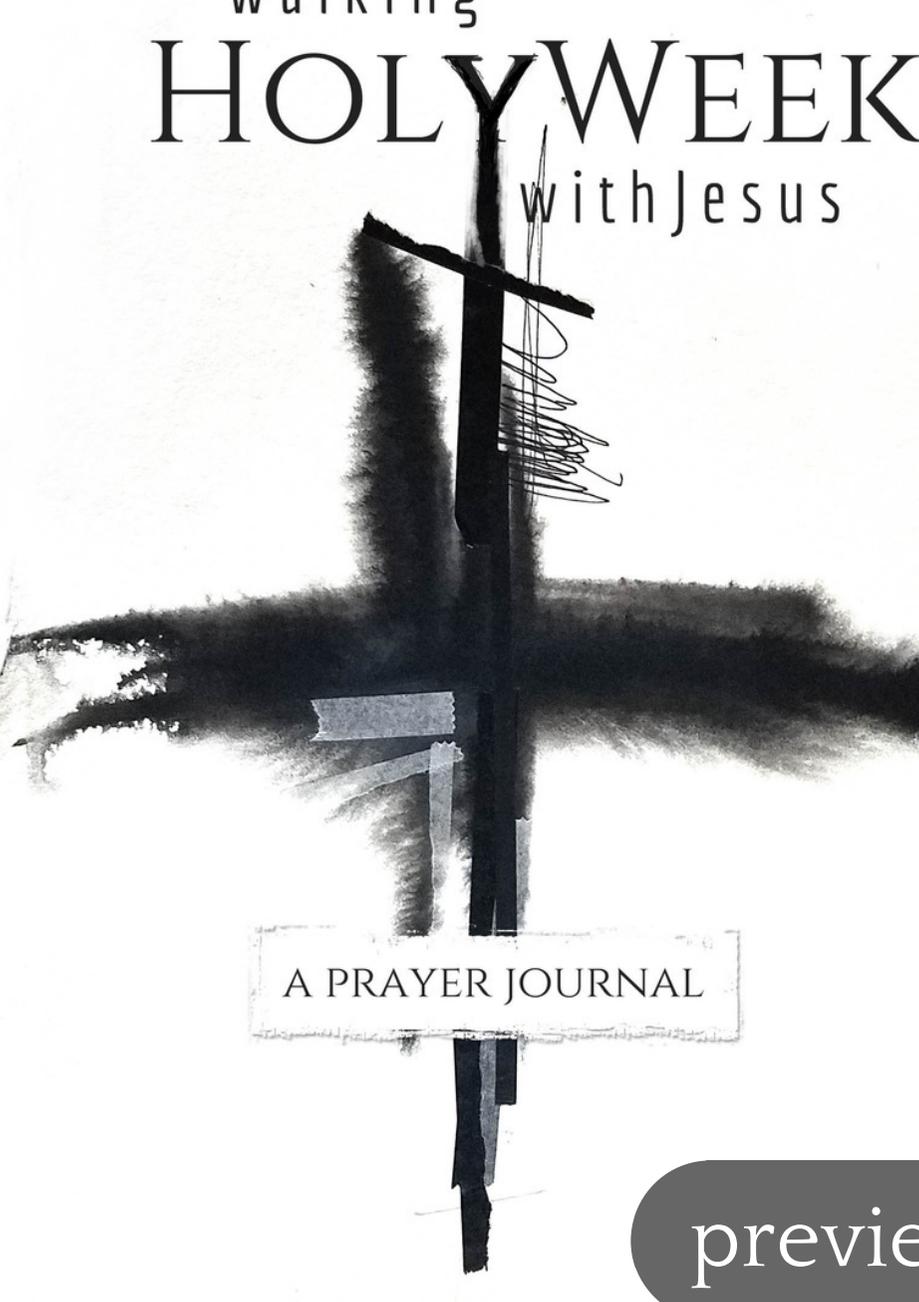


walking
HOLYWEEK
with Jesus



A PRAYER JOURNAL

preview

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Introduction

What is Holy Week?

We're familiar with Palm Sunday and the Triduum: Holy Thursday, Good Friday, and Easter Sunday. But sometimes we gloss over the rest of the week. We live it like every other week of our lives.

But this week is the holiest week of the year. It's set apart for God in a very special way. It's the week in which we prepare for and celebrate the great Sacrifice and Miracle of Salvation. The Sacrifice that redeems us from our sins, and the great Miracle that restores our hope. Every day of this week is an important part of the journey.

With this journal, we make a special effort to make every day of Holy Week holy. We enter into the significance of each and every day. We allow ourselves to feel the darkness, hurt, and suffering that Jesus experienced this week, and emerge with a renewed sense of peace and joy with Him on the other side.

We walk Holy Week with Jesus, standing by His side every step of the way.

How to use this journal:

Beginning the Saturday before Palm Sunday, each day has readings that include: a Bible passage, a reflection on the significance of the day, and a short prayer.

Then, with the guidance of an open-ended prompt, there is a space for you to journal or draw as you reflect and pray about how you're walking with Jesus each day of Holy Week.

Commitment Saturday

READ



“Behold, we are going up to Jerusalem; and the Son of man will be delivered to the chief priests and the scribes, and they will condemn him to death, and deliver him to the Gentiles; and they will mock him, and spit upon him, and scourge him, and kill him; and after three days he will rise.”

Mark 10: 33 - 34 (RSV)

REFLECT



Holy Week Starts tomorrow.

We know what's going to happen this week. We recall the familiar story of Jesus' betrayal, death and Resurrection. It's the most pivotal event in Salvation History.

And we know it's all for our sake. So we can't stand by as simple observers. We need to unite ourselves to Jesus' sacrifice and walk this special week by His side.

This week will be different from the 51 other weeks of the year. We strive to devote it especially to God. We'll set apart time every day to show God we are committed to walking this week alongside Him.

We enter into this week of salvation - this week of suffering in atonement for our sins.

Through our time spent in reflection and prayer, we will show Jesus we accept the guilt of our sinfulness. We will appreciate the sacrifice He made just for us.

And we'll unite ourselves to it. We'll stay by His side in the emotional ups and downs of this week.

We ask for the grace to grow closer to Jesus, to turn from our sins, and to be placed more firmly on the path to holiness during this week.

PRAY



Jesus, I commit myself to entering into Holy Week with resolve. Thank You for the sacrifice You made for my sake, for my sins. I unite myself and my whole week to You. Please give me fortitude to walk the journey of Holy Week by Your side.

Amen.

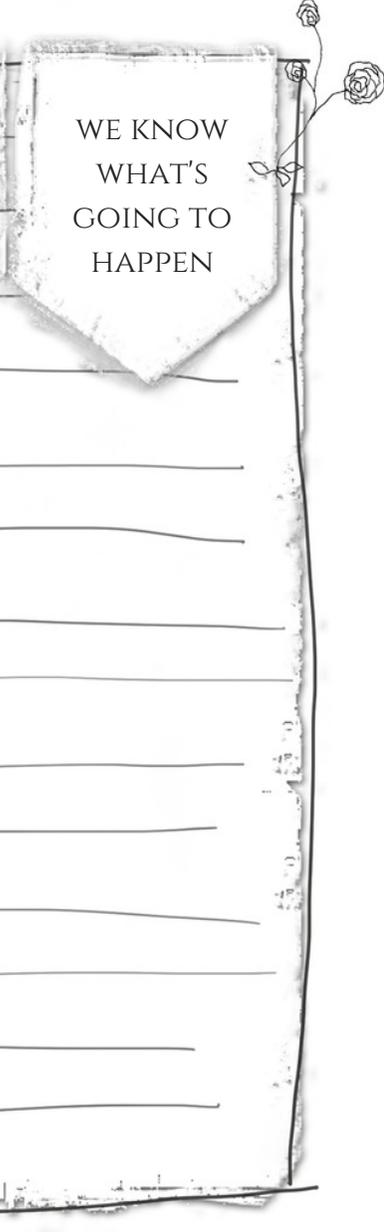
WRITE



Jesus knew the suffering that was coming this week, but He didn't shy away. Imagine yourself by His side on Commitment Saturday, ready to enter into Holy Week with Him. Reflect on your sinfulness and fallen human nature. Tell Him of your sorrow for your sins. Are you ready to walk this long hard road alongside Him in reparation? Ask Jesus to give you the strength you'll need.

A large rectangular area with a hand-drawn, slightly irregular border. It contains several horizontal lines for writing. In the bottom-left corner, there is a small rectangular box with a decorative border containing text. In the top-right and bottom-left corners, there are small illustrations of roses on stems with leaves.

THEY
WILL KILL
HIM AND
AFTER
THREE
DAYS HE
WILL RISE



WE KNOW
WHAT'S
GOING TO
HAPPEN



This week will be different from any other week